

MYCAREERMATCH ●●●



## Career Profile Questionnaire

# Instructions

There are 32 Groups of questions. Each Group consists of four statements.

You have to choose ONE statement in each Group that is MOST like you, and ONE in each Group that is LEAST like you.

This is a profile NOT a test. There are no right or wrong answers and you cannot pass or fail.

Complete the questionnaire in less than 15 minutes. Don't take too long over each question.

Make the selection yourself and don't ask others what they think you are. It is important that you answer the questions yourself. Career Profiles are created from the answers you give.

## Example

### Group 1

	MOST	LEAST
I am an outgoing person who enjoys being with people.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
I like to form long and lasting relationships.	<input type="checkbox"/>	<input type="checkbox"/>
I am a determined person and confident person.	<input type="checkbox"/>	<input type="checkbox"/>
I like to focus on doing things right.	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Remember you can only choose one most like me, and one least like me in each group.

## Before commnecing enter your details

First Name \_\_\_\_\_

Last Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Group 1**

- I am an outgoing person who enjoys being with people.  
I like to form long and lasting relationships.  
I am a determined person and confident person.  
I like to focus on doing things right.

Most  
like me

Least  
like me

**Group 2**

- I can not be forced into doing something I don't want to do.  
I am sensitive to other peoples feelings.  
I have a respect for the rules and do things correctly.  
I have a great sense of humour.

**Group 3**

- I like to watch first before participating myself.  
I say exactly what I think.  
I notice everything that goes on around me.  
I set high standards for myself.

**Group 4**

- Once I've made up my mind, I go after it  
I check things out before starting because I like to know what to expect.  
I'm always eager to be part of everything that's going on.  
I tend to be quiet and reserved.

Most  
like me

Least  
like me

**Group 5**

- I don't make friends easily.  
I am independent and capable of doing things on my own.  
I am creative and use my imagination a lot.  
I don't like change and would prefer things to stay the same.

**Group 6**

- I like to be noticed and liked.  
I am not afraid to try new things.  
I always try to do my best and often I'm hard to please.  
I don't rush into making decisions.

**Group 7**

- I stick to things I know and that I'm comfortable with.  
I usually respond quickly and like to get things done now.  
I am precise and detailed.  
I am full of energy and enthusiasm.

**Group 8****Most**  
like me**Least**  
like me

I am very competitive, I play to win.

I tend to take my time and do things step by step.

I look for the best in people and like others to feel happy.

I like to find out how and why things work.

**Group 9**

I go out of my way to get along with others.

I am results oriented and like to win.

It doesn't bother me if I don't finish things I've started.

I like to do things logically and sensibly.

**Group 10**

I like to think about things before doing them.

I am direct with people and say what I think.

I'm fun to be with and talk a lot.

I am a good listener and friends find me easy to talk to.

**Group 11**

I like to take my time before deciding what to do.

I get impatient with people who take too long.

I am very good at expressing my ideas and opinions.

When I say I'm going to do something I always do it.

**Group 12****Most**  
like me**Least**  
like me

I'm interested in the detail of why and how things work.

I like to set goals and achieve them.

I'm a sensitive person and do not like getting my feelings hurt.

I am very persuasive and people believe what I say.

**Group 13**

I get bored if I don't have a challenge or I'm not busy doing something.

I like to be with others than be by myself.

I am easy going and don't like conflicts and avoid arguments.

I enjoy spending time by myself reading or playing.

**Group 14**

I don't like dealing with details and prefer the big picture.

I feel comfortable with lots of people around.

I am good at assessing things and sometimes people see me as slow.

I am a trusting person who is calm and a good influence on others.

**Group 15**

Most like me	Least like me
-----------------	------------------

- |  |                          |                          |
|--|--------------------------|--------------------------|
| I like to be involved in group activities.               | <input type="checkbox"/> | <input type="checkbox"/> |
| I get bored if things are moving too slowly.             | <input type="checkbox"/> | <input type="checkbox"/> |
| People see me as patient and understanding.              | <input type="checkbox"/> | <input type="checkbox"/> |
| I'm interested in what experts say and listen carefully. | <input type="checkbox"/> | <input type="checkbox"/> |

**Group 16**

- |  |                          |                          |
|--|--------------------------|--------------------------|
| I don't gossip or spend time in long conversations about other people.     | <input type="checkbox"/> | <input type="checkbox"/> |
| I enjoy being part of a team but don't like being the centre of attention. | <input type="checkbox"/> | <input type="checkbox"/> |
| I have lots of friends and enjoy them calling me for long chats.           | <input type="checkbox"/> | <input type="checkbox"/> |
| I like to plan things and know what I'm doing next.                        | <input type="checkbox"/> | <input type="checkbox"/> |

**Group 17****My personality is mostly:**

- |                         |                          |                          |
|-------------------------|--------------------------|--------------------------|
| Strong and direct       | <input type="checkbox"/> | <input type="checkbox"/> |
| Outgoing and expressive | <input type="checkbox"/> | <input type="checkbox"/> |
| Easy going and informal | <input type="checkbox"/> | <input type="checkbox"/> |
| No-nonsense and precise | <input type="checkbox"/> | <input type="checkbox"/> |

**Group 18****When listening to others I:**

Most like me	Least like me
-----------------	------------------

- |                                  |                          |                          |
|----------------------------------|--------------------------|--------------------------|
| Find my attention drifting off   | <input type="checkbox"/> | <input type="checkbox"/> |
| Often become impatient           | <input type="checkbox"/> | <input type="checkbox"/> |
| Usually listen carefully         | <input type="checkbox"/> | <input type="checkbox"/> |
| Am choosy about what I listen to | <input type="checkbox"/> | <input type="checkbox"/> |

**Group 19****When I make a decision it's usually:**

- |                                   |                          |                          |
|-----------------------------------|--------------------------|--------------------------|
| How other people will feel        | <input type="checkbox"/> | <input type="checkbox"/> |
| Quick and what I want to do       | <input type="checkbox"/> | <input type="checkbox"/> |
| Based on how I feel               | <input type="checkbox"/> | <input type="checkbox"/> |
| Slow and carefully based on facts | <input type="checkbox"/> | <input type="checkbox"/> |

**Group 20****I would describe myself as:**

- |                                  |                          |                          |
|----------------------------------|--------------------------|--------------------------|
| Demanding and want things my way | <input type="checkbox"/> | <input type="checkbox"/> |
| Sociable and fun person          | <input type="checkbox"/> | <input type="checkbox"/> |
| Neat and accurate.               | <input type="checkbox"/> | <input type="checkbox"/> |
| Loyal and cooperative            | <input type="checkbox"/> | <input type="checkbox"/> |

**Group 21**

**If I chose a motto for myself it would be:**

**Most  
like me**      **Least  
like me**

Get noticed

Get it done

Get along

Get it right

**Group 22**

**I enjoy getting:**

Recognition

Approval

Respect

Results

**Group 23**

**When doing things I like to:**

Work fast and alone

Work slowly with friends

Work quickly in a team

Work carefully by myself

**Group 24**

**I learn best when:**

**Most  
like me**      **Least  
like me**

I understand how it affects me

I can try things out for myself

I can see how things work

I have time to reflect and think

**Group 25**

**I am very good at:**

Getting the facts and doing it the right way

Getting on with it and doing it my way

Coming up with new ideas and doing it the fun way

Being practical and doing it the easy way

**Group 26**

**One of my strengths is:**

How down to earth I am

How well I cooperate

How enthusiastic I am

How well organised I am

**Group 27**  
**Usually I am:**

**Most**  
like me

**Least**  
like me

- Good at encouraging others
- Good at caring about people
- Good at getting things done correctly and on time
- Good at making decisions

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

**Group 28**  
**I tend to be:**

- Too easily influenced
- Too quick to get things done
- Too easily distracted
- Too cautious and quiet

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

**Group 29**  
**I am most comfortable with people who are:**

- Very good at getting things done
- Very different and unique
- Very supportive and considerate
- Very well informed and thorough

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

**Group 30**  
**I really try to:**

**Most**  
like me

**Least**  
like me

- Be original
- Do things efficiently
- Share with others
- Not get too emotional

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

**Group 31**  
**Generally I:**

- Tell it like it is
- Am open to new ideas and suggestions
- Am cooperative
- Am very neat and tidy

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

**Group 32**  
**People would say I:**

- Am warm, easy going and a good listener
- Am a risk taker and get things done
- Am outgoing, impulsive and have good sense of humour
- Am very logical, precise and think things through thoroughly

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>